



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Albrecht, Manon

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 339

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:03:32

Speed: 8.50 km/h
Running performance: 7:01 min/km

Rank in course/Total: 414 (of 529)

Rank in course/Women: 52 (of 82)

Best time in course: 2:09:50

Rank in category: 14(of 17)

Best time in the category: 2:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:29	6:12	10	3:18	38	5:11	3.30	20:29	6:12	10	3:18	38	5:11
Schlüsie	3.10	24:41	7:57	12	5:25	47	6:34	6.40	45:10	7:03	10	8:43	41	11:38
Hermannsklippe	2.60	21:18	8:11	11	4:54	45	5:35	9.00	1:06:28	7:23	10	13:37	44	17:13
Brocken	3.10	37:24	12:03	14	11:34	61	11:57	12.10	1:43:52	8:35	12	25:11	50	29:10
Eiserner Handwe	3.60	24:55	6:55	15	9:49	70	10:53	15.70	2:08:47	8:12	14	35:00	54	38:31
Schlüsie	4.10	21:56	5:20	14	7:09	54	8:39	19.80	2:30:43	7:36	14	42:09	53	46:16
Loddenke	3.10	16:02	5:10	12	3:34	42	4:18	22.90	2:46:45	7:16	14	45:43	53	50:34
Ilseburg/Markt	3.30	16:47	5:05	6	2:27	25	3:08	26.20	3:03:32	7:00	14	48:10	52	53:42