



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 282

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 3:03:32

Speed: 8.57 km/h
Running performance: 7:01 min/km

Rank in course/Total: 415 (of 529)

Rank in course/Women: 52 (of 82)

Best time in course: 2:09:50

Rank in category: 1(of 1)

Best time in the category: 3:03:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:23	6:28	1	-	48	6:05	3.30	21:23	6:28	1	-	48	6:05
Schlüsie	3.10	26:12	8:27	1	-	58	8:05	6.40	47:35	7:26	1	-	53	14:03
Hermannsklippe	2.60	23:30	9:02	1	-	62	7:47	9.00	1:11:05	7:53	1	-	56	21:50
Brocken	3.10	36:18	11:42	1	-	54	10:51	12.10	1:47:23	8:52	1	-	56	32:41
Eiserner Handwe	3.60	21:03	5:50	1	-	51	7:01	15.70	2:08:26	8:10	1	-	52	38:10
Schlüsie	4.10	19:48	4:49	1	-	42	6:31	19.80	2:28:14	7:29	1	-	51	43:47
Loddenke	3.10	16:44	5:23	1	-	52	5:00	22.90	2:44:58	7:12	1	-	51	48:47
Ilseburg/Markt	3.30	18:34	5:37	1	-	50	4:55	26.20	3:03:32	7:00	1	-	52	53:42