



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 282

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 3:03:32

Speed: 8.50 km/h
Running performance: 7:01 min/km

Rank in course/Total: 415 (of 529)

Rank in course/Women: 52 (of 82)

Best time in course: 2:09:50

Rank in category: 1(of 1)

Best time in the category: 3:03:32

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 21:23 | 6:28 | 1 | - | 48 | 6:05 | 3.30 | 21:23 | 6:28 | 1 | - | 48 | 6:05 |
| Schlüsie | 3.10 | 26:12 | 8:27 | 1 | - | 58 | 8:05 | 6.40 | 47:35 | 7:26 | 1 | - | 53 | 14:03 |
| Hermannsklippe | 2.60 | 23:30 | 9:02 | 1 | - | 62 | 7:47 | 9.00 | 1:11:05 | 7:53 | 1 | - | 56 | 21:50 |
| Brocken | 3.10 | 36:18 | 11:42 | 1 | - | 54 | 10:51 | 12.10 | 1:47:23 | 8:52 | 1 | - | 56 | 32:41 |
| Eiserner Handwe | 3.60 | 21:03 | 5:50 | 1 | - | 51 | 7:01 | 15.70 | 2:08:26 | 8:10 | 1 | - | 52 | 38:10 |
| Schlüsie | 4.10 | 19:48 | 4:49 | 1 | - | 42 | 6:31 | 19.80 | 2:28:14 | 7:29 | 1 | - | 51 | 43:47 |
| Loddenke | 3.10 | 16:44 | 5:23 | 1 | - | 52 | 5:00 | 22.90 | 2:44:58 | 7:12 | 1 | - | 51 | 48:47 |
| Ilseburg/Markt | 3.30 | 18:34 | 5:37 | 1 | - | 50 | 4:55 | 26.20 | 3:03:32 | 7:00 | 1 | - | 52 | 53:42 |