



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hägele, Sebastian

Club: Lübben
Number: 155

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 3:03:31

Speed: 8.50 km/h
Running performance: 7:00 min/km

Rank in course/Total: 413 (of 529)

Rank in course/Men: 361 (of 447)

Best time in course: 1:39:39

Rank in category: 33(of 36)

Best time in the category: 1:42:44

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 22:31 | 6:49 | 33 | 10:17 | 386 | 12:54 | 3.30 | 22:31 | 6:49 | 33 | 10:17 | 386 | 12:54 |
| Schlüsie | 3.10 | 25:32 | 8:14 | 32 | 11:42 | 379 | 11:42 | 6.40 | 48:03 | 7:30 | 33 | 21:59 | 389 | 21:59 |
| Hermannsklippe | 2.60 | 21:57 | 8:26 | 31 | 10:07 | 376 | 10:16 | 9.00 | 1:10:00 | 7:46 | 34 | 32:06 | 382 | 32:10 |
| Brocken | 3.10 | 34:46 | 11:12 | 30 | 16:28 | 355 | 16:31 | 12.10 | 1:44:46 | 8:39 | 32 | 48:34 | 373 | 48:41 |
| Eiserner Handwe | 3.60 | 22:20 | 6:12 | 33 | 9:49 | 372 | 9:50 | 15.70 | 2:07:06 | 8:05 | 32 | 58:23 | 373 | 58:31 |
| Schlüsie | 4.10 | 21:21 | 5:12 | 33 | 8:57 | 353 | 8:57 | 19.80 | 2:28:27 | 7:29 | 34 | 1:07:20 | 373 | 1:07:26 |
| Loddenke | 3.10 | 16:03 | 5:10 | 26 | 5:42 | 290 | 5:43 | 22.90 | 2:44:30 | 7:11 | 33 | 1:13:02 | 363 | 1:13:09 |
| Ilseburg/Markt | 3.30 | 19:01 | 5:45 | 31 | 7:45 | 334 | 10:43 | 26.20 | 3:03:31 | 7:00 | 33 | 1:20:47 | 361 | 1:23:52 |