



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Fritsch, Erich

Number: 578

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:05:52

Speed: 8.39 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 421 (of 529)

Rank in course/Men: 367 (of 447)

Best time in course: 1:39:39

Rank in category: 20(of 29)

Best time in the category: 2:22:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:54	6:38	19	4:50	364	12:17	3.30	21:54	6:38	19	4:50	364	12:17
Schlüsie	3.10	24:32	7:54	15	4:59	343	10:42	6.40	46:26	7:15	16	9:49	360	20:22
Hermannsklippe	2.60	21:23	8:13	20	4:10	361	9:42	9.00	1:07:49	7:32	17	13:59	358	29:59
Brocken	3.10	33:43	10:52	19	6:38	329	15:28	12.10	1:41:32	8:23	19	20:07	356	45:27
Eiserner Handwe	3.60	23:16	6:27	24	6:51	393	10:46	15.70	2:04:48	7:56	20	26:14	363	56:13
Schlüsie	4.10	21:11	5:10	19	5:18	347	8:47	19.80	2:25:59	7:22	19	31:32	359	1:04:58
Loddenke	3.10	18:56	6:06	23	5:49	389	8:36	22.90	2:44:55	7:12	19	37:11	365	1:13:34
Ilseburg/Markt	3.30	20:57	6:20	22	6:08	386	12:39	26.20	3:05:52	7:05	20	43:07	367	1:26:13