



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Biene, Nils

Club: Ocr heidesprinter
Number: 592

Course: 26.20 km
26,2 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 3:06:16

Speed: 8.38 km/h
Running performance: 7:07 min/km

Rank in course/Total: 423 (of 529)

Rank in course/Men: 369 (of 447)

Best time in course: 1:39:39

Rank in category: 1(of 1)

Best time in the category: 3:06:16

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 23:21 | 7:04 | 1 | - | 410 | 13:44 | 3.30 | 23:21 | 7:04 | 1 | - | 410 | 13:44 |
| Schlüsie | 3.10 | 24:37 | 7:56 | 1 | - | 347 | 10:47 | 6.40 | 47:58 | 7:29 | 1 | - | 384 | 21:54 |
| Hermannsklippe | 2.60 | 20:26 | 7:51 | 1 | - | 328 | 8:45 | 9.00 | 1:08:24 | 7:36 | 1 | - | 367 | 30:34 |
| Brocken | 3.10 | 37:00 | 11:56 | 1 | - | 389 | 18:45 | 12.10 | 1:45:24 | 8:42 | 1 | - | 381 | 49:19 |
| Eiserner Handwe | 3.60 | 22:56 | 6:22 | 1 | - | 384 | 10:26 | 15.70 | 2:08:20 | 8:10 | 1 | - | 380 | 59:45 |
| Schlüsie | 4.10 | 22:57 | 5:35 | 1 | - | 390 | 10:33 | 19.80 | 2:31:17 | 7:38 | 1 | - | 380 | 1:10:16 |
| Loddenke | 3.10 | 18:10 | 5:51 | 1 | - | 374 | 7:50 | 22.90 | 2:49:27 | 7:23 | 1 | - | 379 | 1:18:06 |
| Ilseburg/Markt | 3.30 | 16:49 | 5:05 | 1 | - | 226 | 8:31 | 26.20 | 3:06:16 | 7:06 | 1 | - | 369 | 1:26:37 |