



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hahne, Michael

Club: GW Hasselfelde
Number: 349

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:08:05

Speed: 8.29 km/h
Running performance: 7:11 min/km

Rank in course/Total: 433 (of 529)

Rank in course/Men: 377 (of 447)

Best time in course: 1:39:39

Rank in category: 29(of 30)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:04	6:41	27	12:27	370	12:27	3.30	22:04	6:41	27	12:27	370	12:27
Schlüsie	3.10	26:05	8:24	30	10:11	398	12:15	6.40	48:09	7:31	28	22:00	392	22:05
Hermannsklippe	2.60	21:23	8:13	28	9:42	361	9:42	9.00	1:09:32	7:43	30	31:42	377	31:42
Brocken	3.10	36:22	11:43	28	18:07	382	18:07	12.10	1:45:54	8:45	29	49:49	383	49:49
Eiserner Handwe	3.60	23:43	6:35	29	11:13	403	11:13	15.70	2:09:37	8:15	29	1:01:02	387	1:01:02
Schlüsie	4.10	22:29	5:29	29	10:03	378	10:05	19.80	2:32:06	7:40	29	1:11:05	382	1:11:05
Loddenke	3.10	16:59	5:28	26	6:39	343	6:39	22.90	2:49:05	7:23	29	1:17:44	378	1:17:44
Ilseburg/Markt	3.30	19:00	5:45	25	10:42	333	10:42	26.20	3:08:05	7:10	29	1:28:26	377	1:28:26