



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Bahke, Ralph

Club: Leipzig
Number: 249

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:08:39

Speed: 8.27 km/h
Running performance: 7:12 min/km

Rank in course/Total: 436 (of 529)

Rank in course/Men: 379 (of 447)

Best time in course: 1:39:39

Rank in category: 70(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	19:51	6:00	53	5:14	260	10:14	3.30	19:51	6:00	53	5:14	260	10:14	
Schlüsie	3.10	24:10	7:47	65	7:33	319	10:20	6.40	44:01	6:52	58	12:47	290	17:57	
Hermannsklippe	2.60	20:57	8:03	67	6:42	346	9:16	9.00	1:04:58	7:13	62	19:29	314	27:08	
Brocken	3.10	35:51	11:33	69	13:07	369	17:36	12.10	1:40:49	8:19	68	32:27	343	44:44	
Eiserner Handwe	3.60	22:27	6:14	70	7:52	374	9:57	15.70	2:03:16	7:51	70	40:19	356	54:41	
Schlüsie	4.10	22:38	5:31	76	8:47	383	10:14	19.80	2:25:54	7:22	69	49:06	358	1:04:53	
Loddenke	3.10	19:56	6:25	74	8:56	403	9:36	22.90	2:45:50	7:14	69	58:02	367	1:14:29	
Ilseburg/Markt	3.30	22:49	6:54	78	10:56	408	14:31	26.20	3:08:39	7:12	70	1:08:58	379	1:29:00	