



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wendschuh, Thorsten

Club: SV Kollerbeck
Number: 161

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:09:25

Speed: 8.24 km/h
Running performance: 7:14 min/km

Rank in course/Total: 439 (of 529)

Rank in course/Men: 382 (of 447)

Best time in course: 1:39:39

Rank in category: 55(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	45	5:56	268	10:19	3.30	19:56	6:02	45	5:56	268	10:19
Schlüsie	3.10	24:21	7:51	49	8:12	328	10:31	6.40	44:17	6:55	47	14:08	299	18:13
Hermannsklippe	2.60	22:07	8:30	55	8:26	379	10:26	9.00	1:06:24	7:22	51	22:26	340	28:34
Brocken	3.10	37:10	11:59	57	16:44	393	18:55	12.10	1:43:34	8:33	53	38:23	367	47:29
Eiserner Handwe	3.60	21:51	6:04	53	8:30	360	9:21	15.70	2:05:25	7:59	53	46:53	367	56:50
Schlüsie	4.10	22:55	5:35	52	10:14	388	10:31	19.80	2:28:20	7:29	54	57:07	371	1:07:19
Loddenke	3.10	19:27	6:16	53	8:40	394	9:07	22.90	2:47:47	7:19	53	1:04:22	371	1:16:26
Ilseburg/Markt	3.30	21:38	6:33	54	9:30	393	13:20	26.20	3:09:25	7:13	55	1:14:34	382	1:29:46