



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Vogt, Hartmut

Club: Tus Neudorf-Platendorst
Number: 529

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:09:43

Speed: 8.22 km/h
Running performance: 7:14 min/km

Rank in course/Total: 442 (of 529)

Rank in course/Men: 385 (of 447)

Best time in course: 1:39:39

Rank in category: 3(of 5)

Best time in the category: 2:46:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:49	7:13	3	3:41	419	14:12	3.30	23:49	7:13	3	3:41	419	14:12
Schlüsie	3.10	25:54	8:21	3	1:26	396	12:04	6.40	49:43	7:46	3	5:07	406	23:39
Hermannsklippe	2.60	23:36	9:04	3	3:43	406	11:55	9.00	1:13:19	8:08	3	8:50	410	35:29
Brocken	3.10	37:18	12:01	3	5:52	395	19:03	12.10	1:50:37	9:08	3	14:42	406	54:32
Eiserner Handwe	3.60	22:58	6:22	4	4:53	385	10:28	15.70	2:13:35	8:30	3	18:32	405	1:05:00
Schlüsie	4.10	23:11	5:39	4	5:47	395	10:47	19.80	2:36:46	7:55	3	22:32	403	1:15:45
Loddenke	3.10	15:53	5:07	3	1:02	282	5:33	22.90	2:52:39	7:32	3	23:07	389	1:21:18
Ilseburg/Markt	3.30	17:04	5:10	1	-	247	8:46	26.20	3:09:43	7:14	3	23:06	385	1:30:04