



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dillmann, Martin

Club: SV Teutonia Sorsum
Number: 329

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:10:29

Speed: 8.19 km/h
Running performance: 7:16 min/km

Rank in course/Total: 444 (of 529)

Rank in course/Men: 386 (of 447)

Best time in course: 1:39:39

Rank in category: 46(of 58)

Best time in the category: 2:02:30

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:45 | 6:17 | 40 | 5:40 | 313 | 11:08 | 3.30 | 20:45 | 6:17 | 40 | 5:40 | 313 | 11:08 |
| Schlüsie | 3.10 | 24:27 | 7:53 | 41 | 7:37 | 334 | 10:37 | 6.40 | 45:12 | 7:03 | 41 | 13:17 | 333 | 19:08 |
| Hermannsklippe | 2.60 | 20:35 | 7:54 | 39 | 6:24 | 335 | 8:54 | 9.00 | 1:05:47 | 7:18 | 41 | 19:41 | 329 | 27:57 |
| Brocken | 3.10 | 35:19 | 11:23 | 44 | 12:35 | 364 | 17:04 | 12.10 | 1:41:06 | 8:21 | 44 | 32:16 | 350 | 45:01 |
| Eiserner Handwe | 3.60 | 22:26 | 6:13 | 46 | 7:35 | 373 | 9:56 | 15.70 | 2:03:32 | 7:52 | 44 | 39:51 | 358 | 54:57 |
| Schlüsie | 4.10 | 25:54 | 6:19 | 48 | 11:42 | 423 | 13:30 | 19.80 | 2:29:26 | 7:32 | 46 | 51:33 | 375 | 1:08:25 |
| Loddenke | 3.10 | 19:08 | 6:10 | 47 | 7:35 | 391 | 8:48 | 22.90 | 2:48:34 | 7:21 | 46 | 59:08 | 375 | 1:17:13 |
| Ilseburg/Markt | 3.30 | 21:55 | 6:38 | 48 | 8:51 | 398 | 13:37 | 26.20 | 3:10:29 | 7:16 | 46 | 1:07:59 | 386 | 1:30:50 |