



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Weber, Bernd

Club: Düsseldorf
Number: 517

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:11:09

Speed: 8.16 km/h
Running performance: 7:18 min/km

Rank in course/Total: 449 (of 529)

Rank in course/Men: 390 (of 447)

Best time in course: 1:39:39

Rank in category: 75(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:47	5:59	52	5:10	254	10:10	3.30	19:47	5:59	52	5:10	254	10:10
Schlüsie	3.10	24:31	7:54	72	7:54	342	10:41	6.40	44:18	6:55	63	13:04	302	18:14
Hermannsklippe	2.60	21:08	8:07	69	6:53	353	9:27	9.00	1:05:26	7:16	66	19:57	324	27:36
Brocken	3.10	36:03	11:37	71	13:19	373	17:48	12.10	1:41:29	8:23	71	33:07	355	45:24
Eiserner Handwe	3.60	21:00	5:49	65	6:25	328	8:30	15.70	2:02:29	7:48	69	39:32	354	53:54
Schlüsie	4.10	23:35	5:45	77	9:44	399	11:11	19.80	2:26:04	7:22	71	49:16	361	1:05:03
Loddenke	3.10	24:39	7:57	80	13:39	433	14:19	22.90	2:50:43	7:27	74	1:02:55	383	1:19:22
Ilseburg/Markt	3.30	20:26	6:11	72	8:33	380	12:08	26.20	3:11:09	7:17	75	1:11:28	390	1:31:30