



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hertel, Silvia

Club: Möser
Number: 165

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:13:13

Speed: 8.07 km/h
Running performance: 7:22 min/km

Rank in course/Total: 455 (of 529)

Rank in course/Women: 61 (of 82)

Best time in course: 2:09:50

Rank in category: 2(of 4)

Best time in the category: 2:48:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:02	6:40	2	0:29	60	6:44	3.30	22:02	6:40	2	0:29	60	6:44
Schlüsie	3.10	26:09	8:26	2	1:30	57	8:02	6.40	48:11	7:31	2	1:59	59	14:39
Hermannsklippe	2.60	23:09	8:54	2	2:07	60	7:26	9.00	1:11:20	7:55	2	4:06	59	22:05
Brocken	3.10	38:07	12:17	2	6:49	65	12:40	12.10	1:49:27	9:02	2	10:55	60	34:45
Eiserner Handwe	3.60	22:34	6:16	2	4:06	57	8:32	15.70	2:12:01	8:24	2	15:01	59	41:45
Schlüsie	4.10	23:12	5:39	2	5:20	65	9:55	19.80	2:35:13	7:50	2	20:21	59	50:46
Loddenke	3.10	17:40	5:41	2	1:43	60	5:56	22.90	2:52:53	7:32	2	22:04	61	56:42
Ilseburg/Markt	3.30	20:20	6:09	2	2:13	62	6:41	26.20	3:13:13	7:22	2	24:17	61	1:03:23