



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hertel, Thomas

Club: Möser
Number: 166

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:13:13

Speed: 8.07 km/h
Running performance: 7:22 min/km

Rank in course/Total: 456 (of 529)

Rank in course/Men: 395 (of 447)

Best time in course: 1:39:39

Rank in category: 47(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:02	6:40	46	6:57	368	12:25	3.30	22:02	6:40	46	6:57	368	12:25
Schlüsie	3.10	26:09	8:26	47	9:19	401	12:19	6.40	48:11	7:31	47	16:16	394	22:07
Hermannsklippe	2.60	23:09	8:54	49	8:58	399	11:28	9.00	1:11:20	7:55	48	25:14	402	33:30
Brocken	3.10	38:07	12:17	49	15:23	406	19:52	12.10	1:49:27	9:02	48	40:37	398	53:22
Eiserner Handwe	3.60	22:36	6:16	47	7:45	380	10:06	15.70	2:12:03	8:24	48	48:22	393	1:03:28
Schlüsie	4.10	23:09	5:38	46	8:57	393	10:45	19.80	2:35:12	7:50	47	57:19	396	1:14:11
Loddenke	3.10	17:41	5:42	46	6:08	366	7:21	22.90	2:52:53	7:32	47	1:03:27	390	1:21:32
Ilseburg/Markt	3.30	20:20	6:09	45	7:16	376	12:02	26.20	3:13:13	7:22	47	1:10:43	395	1:33:34