



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein
Number: 159

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:16:09

Speed: 7.95 km/h
Running performance: 7:29 min/km

Rank in course/Total: 460 (of 529)

Rank in course/Men: 398 (of 447)

Best time in course: 1:39:39

Rank in category: 23(of 29)

Best time in the category: 2:22:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:02	6:58	23	5:58	401	13:25	3.30	23:02	6:58	23	5:58	401	13:25
Schlüsie	3.10	26:21	8:30	24	6:48	403	12:31	6.40	49:23	7:42	25	12:46	402	23:19
Hermannsklippe	2.60	23:01	8:51	24	5:48	397	11:20	9.00	1:12:24	8:02	26	18:34	405	34:34
Brocken	3.10	37:33	12:06	23	10:28	400	19:18	12.10	1:49:57	9:05	24	28:32	402	53:52
Eiserner Handwe	3.60	21:23	5:56	15	4:58	343	8:53	15.70	2:11:20	8:21	22	32:46	389	1:02:45
Schlüsie	4.10	23:10	5:39	24	7:17	394	10:46	19.80	2:34:30	7:48	23	40:03	391	1:13:29
Loddenke	3.10	19:38	6:19	24	6:31	398	9:18	22.90	2:54:08	7:36	22	46:24	395	1:22:47
Ilseburg/Markt	3.30	22:01	6:40	24	7:12	399	13:43	26.20	3:16:09	7:29	23	53:24	398	1:36:30