



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Möller, Sabine

Club: Hamburg
Number: 208

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:16:45

Speed: 7.93 km/h
Running performance: 7:31 min/km

Rank in course/Total: 465 (of 529)

Rank in course/Women: 63 (of 82)

Best time in course: 2:09:50

Rank in category: 9(of 13)

Best time in the category: 2:39:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:30	7:07	11	4:17	71	8:12	3.30	23:30	7:07	11	4:17	71	8:12
Schlüsie	3.10	27:02	8:43	10	4:37	64	8:55	6.40	50:32	7:53	11	8:51	68	17:00
Hermannsklippe	2.60	23:44	9:07	9	4:34	64	8:01	9.00	1:14:16	8:15	10	13:16	67	25:01
Brocken	3.10	35:53	11:34	4	3:23	52	10:26	12.10	1:50:09	9:06	9	16:39	62	35:27
Eiserner Handwe	3.60	23:05	6:24	8	5:39	58	9:03	15.70	2:13:14	8:29	9	20:26	62	42:58
Schlüsie	4.10	22:53	5:34	10	6:50	64	9:36	19.80	2:36:07	7:53	9	27:07	62	51:40
Loddenke	3.10	18:54	6:05	9	4:40	68	7:10	22.90	2:55:01	7:38	9	31:47	63	58:50
Ilseburg/Markt	3.30	21:44	6:35	10	5:54	72	8:05	26.20	3:16:45	7:30	9	37:01	63	1:06:55