



46. Brockenlauf Ilseburg / 03.09.2016

Detailed evaluation

Schollmeier, Rainer

Club: VfB 26 Beberstedt
Number: 290

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:20:13

Speed: 7.85 km/h
Running performance: 7:38 min/km

Rank in course/Total: 474 (of 529)

Rank in course/Men: 409 (of 447)

Best time in course: 1:39:39

Rank in category: 26(of 29)

Best time in the category: 2:22:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:12	6:43	21	5:08	379	12:35	3.30	22:12	6:43	21	5:08	379	12:35
Schlüsse	3.10	25:51	8:20	22	6:18	393	12:01	6.40	48:03	7:30	24	11:26	389	21:59
Hermannsklippe	2.60	21:43	8:21	21	4:30	372	10:02	9.00	1:09:46	7:45	20	15:56	380	31:56
Brocken	3.10	35:36	11:29	22	8:31	366	17:21	12.10	1:45:22	8:42	21	23:57	379	49:17
Eiserner Handwe	3.60	22:51	6:20	21	6:26	382	10:21	15.70	2:08:13	8:10	21	29:39	378	59:38
Schlüsse	4.10	24:37	6:00	26	8:44	409	12:13	19.80	2:32:50	7:43	22	38:23	388	1:11:49
Loddenke	3.10	24:06	7:46	28	10:59	430	13:46	22.90	2:56:56	7:43	24	49:12	401	1:25:35
Ilseburg/Markt	3.30	23:17	7:03	25	8:28	413	14:59	26.20	3:20:13	7:38	26	57:28	409	1:40:34