



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Quantmeyer, Walter

Club: TSG Döderode Oldenrode
Number: 384

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:27:15

Speed: 7.53 km/h
Running performance: 7:55 min/km

Rank in course/Total: 489 (of 529)

Rank in course/Men: 419 (of 447)

Best time in course: 1:39:39

Rank in category: 13(of 15)

Best time in the category: 2:29:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:58	7:15	14	6:00	423	14:21	3.30	23:58	7:15	14	6:00	423	14:21
Schlüsie	3.10	27:13	8:46	13	6:14	416	13:23	6.40	51:11	7:59	13	12:14	420	25:07
Hermannsklippe	2.60	23:12	8:55	11	5:14	400	11:31	9.00	1:14:23	8:15	11	17:28	414	36:33
Brocken	3.10	37:32	12:06	10	9:05	399	19:17	12.10	1:51:55	9:14	11	26:33	413	55:50
Eiserner Handwe	3.60	25:12	7:00	13	7:40	415	12:42	15.70	2:17:07	8:44	11	34:13	415	1:08:32
Schlüsie	4.10	25:08	6:07	13	8:16	415	12:44	19.80	2:42:15	8:11	12	42:29	420	1:21:14
Loddenke	3.10	20:25	6:35	12	6:01	407	10:05	22.90	3:02:40	7:58	12	48:30	417	1:31:19
Ilseburg/Markt	3.30	24:35	7:26	14	8:53	423	16:17	26.20	3:27:15	7:54	13	57:23	419	1:47:36