



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schmidt, Katrin

Club: Ihleläufer Burg
Number: 463

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:28:29

Speed: 7.48 km/h
Running performance: 7:58 min/km

Rank in course/Total: 490 (of 529)

Rank in course/Women: 71 (of 82)

Best time in course: 2:09:50

Rank in category: 16(of 17)

Best time in the category: 2:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:10	7:01	16	5:59	68	7:52	3.30	23:10	7:01	16	5:59	68	7:52
Schlüsie	3.10	27:53	8:59	16	8:37	70	9:46	6.40	51:03	7:58	16	14:36	70	17:31
Hermannsklippe	2.60	24:41	9:29	15	8:17	71	8:58	9.00	1:15:44	8:24	15	22:53	69	26:29
Brocken	3.10	43:39	14:04	17	17:49	78	18:12	12.10	1:59:23	9:51	17	40:42	75	44:41
Eiserner Handwe	3.60	26:19	7:18	16	11:13	76	12:17	15.70	2:25:42	9:16	17	51:55	76	55:26
Schlüsie	4.10	24:13	5:54	16	9:26	71	10:56	19.80	2:49:55	8:34	16	1:01:21	73	1:05:28
Loddenke	3.10	18:27	5:57	15	5:59	65	6:43	22.90	3:08:22	8:13	16	1:07:20	73	1:12:11
Ilseburg/Markt	3.30	20:07	6:05	14	5:47	59	6:28	26.20	3:28:29	7:57	16	1:13:07	71	1:18:39