



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wichert, Doris

Club: Tus-Hohnstorf
Number: 54

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:29:06

Speed: 7.46 km/h
Running performance: 7:59 min/km

Rank in course/Total: 492 (of 529)

Rank in course/Women: 73 (of 82)

Best time in course: 2:09:50

Rank in category: 7(of 7)

Best time in the category: 2:49:30

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:27	6:30	4	0:59	49	6:09	3.30	21:27	6:30	4	0:59	49	6:09
Schlüsie	3.10	27:54	9:00	7	3:49	71	9:47	6.40	49:21	7:42	7	4:42	64	15:49
Hermannsklippe	2.60	24:54	9:34	7	5:42	73	9:11	9.00	1:14:15	8:15	7	10:00	66	25:00
Brocken	3.10	40:55	13:11	6	8:31	71	15:28	12.10	1:55:10	9:31	7	18:11	70	40:28
Eiserner Handwe	3.60	24:48	6:53	7	5:29	69	10:46	15.70	2:19:58	8:54	7	21:43	70	49:42
Schlüsie	4.10	25:45	6:16	7	7:20	74	12:28	19.80	2:45:43	8:22	7	29:03	71	1:01:16
Loddenke	3.10	20:54	6:44	7	5:39	77	9:10	22.90	3:06:37	8:08	7	34:20	71	1:10:26
Ilseburg/Markt	3.30	22:29	6:48	7	6:03	75	8:50	26.20	3:29:06	7:58	7	39:36	73	1:19:16