



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Geisler, Gabriele

Club: Weserpeser
Number: 102

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:32:33

Speed: 7.34 km/h
Running performance: 8:07 min/km

Rank in course/Total: 497 (of 529)

Rank in course/Women: 76 (of 82)

Best time in course: 2:09:50

Rank in category: 3(of 4)

Best time in the category: 2:48:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	25:36	7:45	4	4:03	78	10:18	3.30	25:36	7:45	4	4:03	78	10:18
Schlüsie	3.10	30:30	9:50	4	5:51	79	12:23	6.40	56:06	8:45	4	9:54	79	22:34
Hermannsklippe	2.60	25:39	9:51	4	4:37	77	9:56	9.00	1:21:45	9:05	4	14:31	79	32:30
Brocken	3.10	41:34	13:24	3	10:16	76	16:07	12.10	2:03:19	10:11	4	24:47	79	48:37
Eiserner Handwe	3.60	26:13	7:16	3	7:45	74	12:11	15.70	2:29:32	9:31	4	32:32	79	59:16
Schlüsie	4.10	23:20	5:41	3	5:28	66	10:03	19.80	2:52:52	8:43	3	38:00	78	1:08:25
Loddenke	3.10	18:19	5:54	3	2:22	63	6:35	22.90	3:11:11	8:20	3	40:22	76	1:15:00
Ilseburg/Markt	3.30	21:22	6:28	3	3:15	68	7:43	26.20	3:32:33	8:06	3	43:37	76	1:22:43