



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Riedl, Christoph

Club: Stiftung Wadentest  
Number: 354

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 3:40:51

Speed: 7.06 km/h  
Running performance: 8:26 min/km

Rank in course/Total: 505 (of 529)

Rank in course/Men: 428 (of 447)

Best time in course: 1:39:39

Rank in category: 36(of 36)

Best time in the category: 1:42:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:13	6:07	25	7:59	282	10:36	3.30	20:13	6:07	25	7:59	282	10:36
Schlüsie	3.10	24:55	8:02	30	11:05	362	11:05	6.40	45:08	7:03	30	19:04	328	19:04
Hermannsklippe	2.60	22:27	8:38	33	10:37	387	10:46	9.00	1:07:35	7:30	30	29:41	355	29:45
Brocken	3.10	40:08	12:56	35	21:50	422	21:53	12.10	1:47:43	8:54	35	51:31	391	51:38
Eiserner Handwe	3.60	25:15	7:00	36	12:44	416	12:45	15.70	2:12:58	8:28	35	1:04:15	399	1:04:23
Schlüsie	4.10	24:16	5:55	35	11:52	405	11:52	19.80	2:37:14	7:56	35	1:16:07	405	1:16:13
Loddenke	3.10	23:15	7:30	36	12:54	425	12:55	22.90	3:00:29	7:52	36	1:29:01	415	1:29:08
Ilseburg/Markt	3.30	40:22	12:13	36	29:06	445	32:04	26.20	3:40:51	8:25	36	1:58:07	428	2:01:12