



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Morgan, Nico

Club: Leipzig
Number: 199

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:40:50

Speed: 7.06 km/h
Running performance: 8:26 min/km

Rank in course/Total: 504 (of 529)

Rank in course/Men: 427 (of 447)

Best time in course: 1:39:39

Rank in category: 58(of 59)

Best time in the category: 1:54:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Loddenke	3.30	23:16	7:03	56	409	9:16	13:39	3.30	23:16	7:03	56	409	9:16	13:39
Schlüsie	3.10	27:12	8:46	58	414	11:03	13:22	6.40	50:28	7:53	57	412	20:19	24:24
Hermannsklippe	2.60	24:57	9:35	59	430	11:16	13:16	9.00	1:15:25	8:22	58	420	31:27	37:35
Brocken	3.10	42:20	13:39	58	436	21:54	24:05	12.10	1:57:45	9:43	58	426	52:34	1:01:40
Eiserner Handwe	3.60	28:01	7:46	58	436	14:40	15:31	15.70	2:25:46	9:17	58	430	1:07:14	1:17:11
Schlüsie	4.10	28:21	6:54	59	431	15:40	15:57	19.80	2:54:07	8:47	58	430	1:22:54	1:33:06
Loddenke	3.10	20:02	6:27	55	405	9:15	9:42	22.90	3:14:09	8:28	57	425	1:30:44	1:42:48
Ilseburg/Markt	3.30	26:41	8:05	59	434	14:33	18:23	26.20	3:40:50	8:25	58	427	1:45:59	2:01:11