



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Tiede, Kerstin Emma

Club: Ilseburg
Number: 322

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:42:20

Speed: 7.02 km/h
Running performance: 8:29 min/km

Rank in course/Total: 508 (of 529)

Rank in course/Women: 79 (of 82)

Best time in course: 2:09:50

Rank in category: 12(of 13)

Best time in the category: 2:39:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:18	7:21	12	5:05	74	9:00	3.30	24:18	7:21	12	5:05	74	9:00
Schlüsie	3.10	28:44	9:16	12	6:19	77	10:37	6.40	53:02	8:17	12	11:21	77	19:30
Hermannsklippe	2.60	24:49	9:32	11	5:39	72	9:06	9.00	1:17:51	8:38	12	16:51	76	28:36
Brocken	3.10	41:28	13:22	12	8:58	75	16:01	12.10	1:59:19	9:51	12	25:49	74	44:37
Eiserner Handwe	3.60	26:31	7:21	12	9:05	79	12:29	15.70	2:25:50	9:17	12	33:02	77	55:34
Schlüsie	4.10	27:00	6:35	11	10:57	76	13:43	19.80	2:52:50	8:43	12	43:50	77	1:08:23
Loddenke	3.10	24:40	7:57	12	10:26	79	12:56	22.90	3:17:30	8:37	12	54:16	79	1:21:19
Ilseburg/Markt	3.30	24:50	7:31	12	9:00	79	11:11	26.20	3:42:20	8:29	12	1:02:36	79	1:32:30