



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Janke, Martin

Club: LV Gera  
Number: 122

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 3:43:28

Speed: 6.98 km/h  
Running performance: 8:32 min/km

Rank in course/Total: 510 (of 529)

Rank in course/Men: 431 (of 447)

Best time in course: 1:39:39

Rank in category: 15(of 15)

Best time in the category: 2:29:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:37	6:51	9	4:39	393	13:00	3.30	22:37	6:51	9	4:39	393	13:00
Schlüsie	3.10	31:52	10:16	15	10:53	442	18:02	6.40	54:29	8:30	14	15:32	434	28:25
Hermannsklippe	2.60	26:08	10:03	15	8:10	437	14:27	9.00	1:20:37	8:57	14	23:42	434	42:47
Brocken	3.10	40:18	12:59	15	11:51	424	22:03	12.10	2:00:55	9:59	14	35:33	431	1:04:50
Eiserner Handwe	3.60	23:58	6:39	11	6:26	407	11:28	15.70	2:24:53	9:13	14	41:59	428	1:16:18
Schlüsie	4.10	29:08	7:06	14	12:16	434	16:44	19.80	2:54:01	8:47	14	54:15	429	1:33:00
Loddenke	3.10	23:18	7:30	15	8:54	426	12:58	22.90	3:17:19	8:36	14	1:03:09	427	1:45:58
Ilseburg/Markt	3.30	26:09	7:55	15	10:27	433	17:51	26.20	3:43:28	8:31	15	1:13:36	431	2:03:49