



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Ryll, Emil

Club: Hettstedt
Number: 452

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 3:43:33

Speed: 6.98 km/h
Running performance: 8:32 min/km

Rank in course/Total: 511 (of 529)

Rank in course/Men: 432 (of 447)

Best time in course: 1:39:39

Rank in category: 3(of 4)

Best time in the category: 2:52:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:42	6:52	3	1:01	395	13:05	3.30	22:42	6:52	3	1:01	395	13:05
Schlüsie	3.10	31:51	10:16	4	7:21	441	18:01	6.40	54:33	8:31	3	8:22	435	28:29
Hermannsklippe	2.60	26:07	10:02	4	5:52	436	14:26	9.00	1:20:40	8:57	3	14:14	435	42:50
Brocken	3.10	40:19	13:00	3	6:07	425	22:04	12.10	2:00:59	9:59	3	20:18	433	1:04:54
Eiserner Handwe	3.60	23:57	6:39	3	5:46	406	11:27	15.70	2:24:56	9:13	3	24:38	429	1:16:21
Schlüsie	4.10	29:11	7:07	3	11:37	435	16:47	19.80	2:54:07	8:47	3	35:33	430	1:33:06
Loddenke	3.10	23:21	7:31	3	7:37	428	13:01	22.90	3:17:28	8:37	3	43:07	428	1:46:07
Ilseburg/Markt	3.30	26:05	7:54	3	8:01	432	17:47	26.20	3:43:33	8:31	3	50:38	432	2:03:54