



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Schneider, Detlef

Club: Sv Medizin  
Number: 491

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 3:48:36

Speed: 6.82 km/h  
Running performance: 8:44 min/km

Rank in course/Total: 515 (of 529)

Rank in course/Men: 436 (of 447)

Best time in course: 1:39:39

Rank in category: 5(of 5)

Best time in the category: 2:46:37

Intermediate times

Stage score

Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total |         | Total min/km | Pos Cat. | Behind Cat. | Total ranking |            |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|-------|---------|--------------|----------|-------------|---------------|------------|
|                 |          |            |              |          |             | Pos Men     | Behind Men | km    | Time    |              |          |             | Pos Men       | Behind Men |
| Loddenke        | 3.30     | 25:07      | 7:36         | 4        | 4:59        | 434         | 15:30      | 3.30  | 25:07   | 7:36         | 4        | 4:59        | 434           | 15:30      |
| Schlüsie        | 3.10     | 31:16      | 10:05        | 5        | 6:48        | 437         | 17:26      | 6.40  | 56:23   | 8:48         | 4        | 11:47       | 438           | 30:19      |
| Hermannsklippe  | 2.60     | 25:56      | 9:58         | 5        | 6:03        | 434         | 14:15      | 9.00  | 1:22:19 | 9:08         | 5        | 17:50       | 440           | 44:29      |
| Brocken         | 3.10     | 40:06      | 12:56        | 5        | 8:40        | 421         | 21:51      | 12.10 | 2:02:25 | 10:07        | 5        | 26:30       | 436           | 1:06:20    |
| Eiserner Handwe | 3.60     | 28:24      | 7:53         | 5        | 10:19       | 437         | 15:54      | 15.70 | 2:30:49 | 9:36         | 5        | 35:46       | 437           | 1:22:14    |
| Schlüsie        | 4.10     | 30:05      | 7:20         | 5        | 12:41       | 439         | 17:41      | 19.80 | 3:00:54 | 9:08         | 5        | 46:40       | 437           | 1:39:53    |
| Loddenke        | 3.10     | 22:54      | 7:23         | 5        | 8:03        | 423         | 12:34      | 22.90 | 3:23:48 | 8:53         | 5        | 54:16       | 434           | 1:52:27    |
| Ilseburg/Markt  | 3.30     | 24:48      | 7:30         | 5        | 7:44        | 424         | 16:30      | 26.20 | 3:48:36 | 8:43         | 5        | 1:01:59     | 436           | 2:08:57    |