



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Dr. Klaußen, Thomas

Club: Cuxhaven

Number: 441

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:54:08

Speed: 6.66 km/h

Running performance: 8:56 min/km

Rank in course/Total: 516 (of 529)

Rank in course/Men: 437 (of 447)

Best time in course: 1:39:39

Rank in category: 83(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:57	7:15	83	9:20	422	14:20	3.30	23:57	7:15	83	9:20	422	14:20
Schlüsie	3.10	30:04	9:41	82	13:27	432	16:14	6.40	54:01	8:26	84	22:47	430	27:57
Hermannsklippe	2.60	26:22	10:08	83	12:07	438	14:41	9.00	1:20:23	8:55	83	34:54	432	42:33
Brocken	3.10	39:15	12:39	79	16:31	416	21:00	12.10	1:59:38	9:53	82	51:16	430	1:03:33
Eiserner Handwe	3.60	27:06	7:31	83	12:31	432	14:36	15.70	2:26:44	9:20	82	1:03:47	432	1:18:09
Schlüsie	4.10	28:43	7:00	83	14:52	432	16:19	19.80	2:55:27	8:51	83	1:18:39	433	1:34:26
Loddenke	3.10	29:11	9:24	85	18:11	442	18:51	22.90	3:24:38	8:56	83	1:36:50	435	1:53:17
Ilseburg/Markt	3.30	29:30	8:56	85	17:37	442	21:12	26.20	3:54:08	8:56	83	1:54:27	437	2:14:29