



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Sandtner, Wolfgang

Club: Aschersleben
Number: 590

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:58:21

Speed: 6.54 km/h
Running performance: 9:06 min/km

Rank in course/Total: 519 (of 529)

Rank in course/Men: 440 (of 447)

Best time in course: 1:39:39

Rank in category: 85(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:29	7:06	80	8:52	414	13:52	3.30	23:29	7:06	80	8:52	414	13:52
Schlüsie	3.10	30:25	9:48	83	13:48	434	16:35	6.40	53:54	8:25	83	22:40	428	27:50
Hermannsklippe	2.60	26:58	10:22	84	12:43	439	15:17	9.00	1:20:52	8:59	84	35:23	436	43:02
Brocken	3.10	45:02	14:31	85	22:18	442	26:47	12.10	2:05:54	10:24	85	57:32	440	1:09:49
Eiserner Handwe	3.60	26:30	7:21	81	11:55	424	14:00	15.70	2:32:24	9:42	85	1:09:27	440	1:23:49
Schlüsie	4.10	29:18	7:08	84	15:27	436	16:54	19.80	3:01:42	9:10	85	1:24:54	439	1:40:41
Loddenke	3.10	28:58	9:20	84	17:58	441	18:38	22.90	3:30:40	9:11	85	1:42:52	439	1:59:19
Ilseburg/Markt	3.30	27:41	8:23	83	15:48	438	19:23	26.20	3:58:21	9:05	85	1:58:40	440	2:18:42