



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Behrens, Hans-günther

Club: Msv eintracht hbs  
Number: 557

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 3:59:32

Speed: 6.51 km/h  
Running performance: 9:08 min/km

Rank in course/Total: 521 (of 529)

Rank in course/Men: 442 (of 447)

Best time in course: 1:39:39

Rank in category: 4(of 4)

Best time in the category: 2:52:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:06	7:36	4	3:25	433	15:29	3.30	25:06	7:36	4	3:25	433	15:29
Schlüsie	3.10	31:16	10:05	3	6:46	437	17:26	6.40	56:22	8:48	4	10:11	437	30:18
Hermannsklippe	2.60	25:57	9:58	3	5:42	435	14:16	9.00	1:22:19	9:08	4	15:53	440	44:29
Brocken	3.10	45:47	14:46	4	11:35	443	27:32	12.10	2:08:06	10:35	4	27:25	441	1:12:01
Eiserner Handwe	3.60	27:44	7:42	4	9:33	435	15:14	15.70	2:35:50	9:55	4	35:32	441	1:27:15
Schlüsie	4.10	32:42	7:58	4	15:08	443	20:18	19.80	3:08:32	9:31	4	49:58	443	1:47:31
Loddenke	3.10	24:11	7:48	4	8:27	431	13:51	22.90	3:32:43	9:17	4	58:22	441	2:01:22
Ilseburg/Markt	3.30	26:49	8:07	4	8:45	435	18:31	26.20	3:59:32	9:08	4	1:06:37	442	2:19:53