



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Behrens, Hans-günther

Club: Msv eintracht hbs
Number: 557

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 3:59:32

Speed: 6.51 km/h
Running performance: 9:08 min/km

Rank in course/Total: 521 (of 529)

Rank in course/Men: 442 (of 447)

Best time in course: 1:39:39

Rank in category: 4(of 4)

Best time in the category: 2:52:55

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 25:06 | 7:36 | 4 | 3:25 | 433 | 15:29 | 3.30 | 25:06 | 7:36 | 4 | 3:25 | 433 | 15:29 |
| Schlüsie | 3.10 | 31:16 | 10:05 | 3 | 6:46 | 437 | 17:26 | 6.40 | 56:22 | 8:48 | 4 | 10:11 | 437 | 30:18 |
| Hermannsklippe | 2.60 | 25:57 | 9:58 | 3 | 5:42 | 435 | 14:16 | 9.00 | 1:22:19 | 9:08 | 4 | 15:53 | 440 | 44:29 |
| Brocken | 3.10 | 45:47 | 14:46 | 4 | 11:35 | 443 | 27:32 | 12.10 | 2:08:06 | 10:35 | 4 | 27:25 | 441 | 1:12:01 |
| Eiserner Handwe | 3.60 | 27:44 | 7:42 | 4 | 9:33 | 435 | 15:14 | 15.70 | 2:35:50 | 9:55 | 4 | 35:32 | 441 | 1:27:15 |
| Schlüsie | 4.10 | 32:42 | 7:58 | 4 | 15:08 | 443 | 20:18 | 19.80 | 3:08:32 | 9:31 | 4 | 49:58 | 443 | 1:47:31 |
| Loddenke | 3.10 | 24:11 | 7:48 | 4 | 8:27 | 431 | 13:51 | 22.90 | 3:32:43 | 9:17 | 4 | 58:22 | 441 | 2:01:22 |
| Ilseburg/Markt | 3.30 | 26:49 | 8:07 | 4 | 8:45 | 435 | 18:31 | 26.20 | 3:59:32 | 9:08 | 4 | 1:06:37 | 442 | 2:19:53 |