



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Scharun, Michael

Club: Elbingerode
Number: 554

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 5:08:26

Speed: 5.06 km/h
Running performance: 11:46 min/km

Rank in course/Total: 526 (of 529)

Rank in course/Men: 445 (of 447)

Best time in course: 1:39:39

Rank in category: 56(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	28:27	8:37	57	13:22	445	18:50	3.30	28:27	8:37	57	13:22	445	18:50
Schlüsie	3.10	32:53	10:36	56	16:03	444	19:03	6.40	1:01:20	9:35	57	29:25	446	35:16
Hermannsklippe	2.60	29:40	11:24	56	15:29	445	17:59	9.00	1:31:00	10:06	56	44:54	445	53:10
Brocken	3.10	53:23	17:13	57	30:39	446	35:08	12.10	2:24:23	11:55	56	1:15:33	445	1:28:18
Eiserner Handwe	3.60	41:28	11:31	57	26:37	446	28:58	15.70	3:05:51	11:50	57	1:42:10	446	1:57:16
Schlüsie	4.10	50:10	12:14	57	35:58	446	37:46	19.80	3:56:01	11:55	57	2:18:08	446	2:35:00
Loddenke	3.10	35:18	11:23	56	23:45	443	24:58	22.90	4:31:19	11:50	56	2:41:53	443	2:59:58
Ilseburg/Markt	3.30	37:07	11:14	56	24:03	444	28:49	26.20	5:08:26	11:46	56	3:05:56	445	3:28:47