



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon  
Bodenfelde / 08.05.2016

Detailed evaluation

Janele, Alexander

Total time: 1:32:46

Club: RunArtist Holzminden

Number: 153

Course: 37.30 km

Rank in course/Total: 12 (of 55)

Carboo4U Weser Hammer Duathlon Bodenfelde Rank in course/Men: 12 (of 46)

Best time in course: 1:18:23

Category:

Rank in category: 3(of 9)

AK 3 TM Jg. 30

Best time in the category: 1:28:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Laufzeit 1	4.65	19:12	4:07	3	1:08	16	2:38	4.65	19:12	4:07	3	1:08	16	2:38
Radzeit	28.00	57:18	2:02	6	5:05	17	10:23	32.65	1:16:30	2:20	5	6:06	17	12:38
Laufzeit 2	4.65	16:16	3:29	1	-	7	1:45	37.30	1:32:46	2:29	3	3:58	12	14:23