



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon
Bodenfelde / 08.05.2016

Detailed evaluation

Westphal, Simon

Total time: 1:04:46

Club: Asche
Number: 145

Course: 24.60 km
Carboo4U Weser Hammer Duathlon Junioren

Rank in course/Total: 2 (of 3)
Rank in course/Men: 2 (of 3)
Best time in course: 56:20

Category:
Jugend A TM 16/17

Rank in category: 2(of 3)
Best time in the category: 56:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Laufzeit 1	2.30	12:22	5:22	3	0:45	3	0:45	2.30	12:22	5:22	3	0:45	3	0:45
Radzeit	20.00	43:10	2:09	2	7:32	2	7:32	22.30	55:32	2:29	2	7:34	2	7:34
Laufzeit 2	2.30	9:14	4:00	3	1:26	3	1:26	24.60	1:04:46	2:37	2	8:26	2	8:26