



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon Bodenfelde / 08.05.2016

Detailed evaluation

Rümenap, Kirsten

Total time: 1:47:04

Club: PEDO Schweißtechnik Running Team / RSC Göttingen

Number: 118

Course: 37.30 km

Rank in course/Total: 33 (of 55)

Carboo4U Weser Hammer Duathlon Bodenfelde Rank in course/Women: 3 (of 9)

Best time in course: 1:41:25

Category:

Rank in category: 1(of 1)

AK 4 TW Jg. 35

Best time in the category: 1:47:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Laufzeit 1	4.65	22:59	4:56	1	-	3	3:00	4.65	22:59	4:56	1	-	3	3:00
Radzeit	28.00	1:03:56	2:16	1	-	2	2:56	32.65	1:26:55	2:39	1	-	3	3:57
Laufzeit 2	4.65	20:09	4:19	1	-	3	2:39	37.30	1:47:04	2:52	1	-	3	5:39