



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon
Bodenfelde / 08.05.2016

Detailed evaluation

Frohns, Torben

Total time: 1:06:24

Club: TSV Warzen

Number: 20

Course: 24.60 km

Rank in course/Total: 3 (of 3)

Carboo4U Weser Hammer Duathlon Junioren

Rank in course/Men: 3 (of 3)

Best time in course: 56:20

Category:

Rank in category: 3(of 3)

Jugend A TM 16/17

Best time in the category: 56:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Laufzeit 1	2.30	11:37	5:03	1	-	1	-	2.30	11:37	5:03	1	-	1	-
Radzeit	20.00	46:59	2:20	3	11:21	3	11:21	22.30	58:36	2:37	3	10:38	3	10:38
Laufzeit 2	2.30	7:48	3:23	1	-	1	-	24.60	1:06:24	2:41	3	10:04	3	10:04