



# Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon Bodenfelde / 08.05.2016

## Detailed evaluation

Schrader, Arne

Total time: 1:54:22

Club: SFC Harz-Weser Osterode

Number: 122

Course: 37.30 km

Rank in course/Total: 38 (of 55)

Carboo4U Weser Hammer Duathlon Bodenfelde

Rank in course/Men: 34 (of 46)

Best time in course: 1:18:23

Category:

Rank in category: 8(of 11)

Senioren 2 TM Jg. 45

Best time in the category: 1:19:21

### Intermediate times

### Stage score

### Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|            |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Laufzeit 1 | 4.65        | 25:39         | 5:30            | 9           | 8:40           | 41          | 9:05          | 4.65          | 25:39         | 5:30            | 9           | 8:40           | 41         | 9:05          |
| Radzeit    | 28.00       | 1:05:21       | 2:20            | 7           | 18:26          | 31          | 18:26         | 32.65         | 1:31:00       | 2:47            | 7           | 27:06          | 33         | 27:08         |
| Laufzeit 2 | 4.65        | 23:22         | 5:01            | 9           | 7:55           | 38          | 8:51          | 37.30         | 1:54:22       | 3:03            | 8           | 35:01          | 34         | 35:59         |