



Carboo4U Weser Hammer Duathlon Bodenfelde 2016 plus Staffelduathlon Bodenfelde / 08.05.2016

Detailed evaluation

Lippoldsberger Turbo Schnecken

Total time: 1:40:05

Club: Lippoldsberger Turbo Schnecken

Number: 144

Course: 37.30 km

Rank in course/Total: 2 (of 4)

Carboo4U Duathlon Challenge

Rank in course/Men: 2 (of 2)

Best time in course: 1:28:30

Category:

Rank in category: 2(of 2)

Männerstaffel

Best time in the category: 1:28:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Laufzeit 1	4.65	21:50	4:41	2	3:50	2	3:50	4.65	21:50	4:41	2	3:50	2	3:50
Radzeit	28.00	1:00:41	2:10	2	6:02	2	6:02	32.65	1:22:31	2:31	2	9:52	2	9:52
Laufzeit 2	4.65	17:34	3:46	2	1:43	2	1:43	37.30	1:40:05	2:40	2	11:35	2	11:35