



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon Bodenfelde / 10.09.2016

Detailed evaluation

Keuns, Udo

Total time: 1:31:56

Club: Tricity 2001 e.V.

Number: 627

Course: 33.50 km

Rank in course/Total: 22 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 21 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 1(of 12)

Senioren 3 TM Jg.50

Best time in the category: 1:31:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:11	18:22	1	-	14	2:00	0.50	9:11	18:22	1	-	14	2:00
Wechsel S -> R	-	1:01	-	1	-	11	0:17	0.50	10:12	20:23	1	-	14	2:09
Schwimmen Total	0.50	10:12	20:23	1	-	14	2:09	0.50	10:12	20:23	1	-	14	2:09
Rad netto	28.00	56:38	2:01	3	1:50	30	11:37	28.50	1:06:50	2:20	2	0:34	20	13:12
Wechsel R -> L	-	0:41	-	1	-	11	0:11	28.50	1:07:31	2:22	2	0:16	20	13:22
Radfahren Total	28.00	57:19	2:02	3	1:35	29	11:47	28.50	1:07:31	2:22	2	0:16	20	13:22
Lauf	5.00	24:25	4:53	2	0:43	26	6:33	33.50	1:31:56	2:44	1	-	21	19:55