



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon  
Bodenfelde / 10.09.2016

Detailed evaluation

gueckel, martin

Total time: 1:35:52

Club: waspo 08

Number: 615

Course: 33.50 km

Rank in course/Total: 32 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 30 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 3(of 6)

Senioren 1 TM Jg.40

Best time in the category: 1:14:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:08	26:15	6	5:03	52	5:57	0.50	13:08	26:15	6	5:03	52	5:57
Wechsel S -> R	-	1:43	-	5	0:43	34	0:59	0.50	14:51	29:41	6	5:38	49	6:48
Schwimmen Total	0.50	14:51	29:41	6	5:38	49	6:48	0.50	14:51	29:41	6	5:38	49	6:48
Rad netto	28.00	55:59	1:59	3	9:52	29	10:58	28.50	1:10:50	2:29	5	15:30	34	17:12
Wechsel R -> L	-	1:23	-	5	0:49	46	0:53	28.50	1:12:13	2:32	5	16:19	34	18:04
Radfahren Total	28.00	57:22	2:02	3	10:41	30	11:50	28.50	1:12:13	2:32	5	16:19	34	18:04
Lauf	5.00	23:39	4:43	2	5:11	20	5:47	33.50	1:35:52	2:51	3	21:30	30	23:51