



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Rümenap, Tim

Total time: 1:17:58

Club: RSC Göttingen

Number: 657

Course: 33.50 km

Rank in course/Total: 5 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 5 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 3(of 8)

AK 3 TM Jg. 30

Best time in the category: 1:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:16	16:32	3	1:05	7	1:05	0.50	8:16	16:32	9	1:05	55	1:05
Wechsel S -> R	-	0:44	-	1	-	1	-	0.50	9:00	18:00	9	0:57	55	0:57
Schwimmen Total	0.50	9:00	18:00	9	0:57	55	0:57	0.50	9:00	18:00	9	0:57	55	0:57
Rad netto	28.00	48:12	1:43	2	1:10	4	3:11	28.50	57:12	2:00	9	1:50	55	3:34
Wechsel R -> L	-	0:34	-	1	-	3	0:04	28.50	57:46	2:01	9	1:43	55	3:37
Radfahren Total	28.00	48:46	1:44	2	1:03	4	3:14	28.50	57:46	2:01	9	1:43	55	3:37
Lauf	5.00	20:12	4:02	2	0:35	4	2:20	33.50	1:17:58	2:19	3	0:38	5	5:57