



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Kaspari, Mark

Total time: 1:37:13

Club: TG Freden e.V.

Number: 626

Course: 33.50 km

Rank in course/Total: 35 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 33 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 6(of 8)

Senioren 2 TM Jg.45

Best time in the category: 1:20:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:02	22:03	4	3:03	32	3:51	0.50	11:02	22:03	9	3:03	32	3:51
Wechsel S -> R	-	3:11	-	8	2:26	54	2:27	0.50	14:13	28:26	9	5:29	46	6:10
Schwimmen Total	0.50	14:13	28:26	9	5:29	46	6:10	0.50	14:13	28:26	9	5:29	46	6:10
Rad netto	28.00	57:11	2:02	6	7:51	31	12:10	28.50	1:11:24	2:30	9	13:20	35	17:46
Wechsel R -> L	-	2:08	-	8	1:29	54	1:38	28.50	1:13:32	2:34	9	14:48	38	19:23
Radfahren Total	28.00	59:19	2:07	6	9:19	34	13:47	28.50	1:13:32	2:34	9	14:48	38	19:23
Lauf	5.00	23:41	4:44	5	1:38	21	5:49	33.50	1:37:13	2:54	6	16:25	33	25:12