



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Hosch, Hardy

Total time: 1:37:25

Club: Ü50 - On the road

Number: 623

Course: 33.50 km

Rank in course/Total: 36 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 34 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 4(of 12)

Senioren 3 TM Jg.50

Best time in the category: 1:31:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:24	20:48	4	1:13	26	3:13	0.50	10:24	20:48	4	1:13	26	3:13
Wechsel S -> R	-	1:33	-	5	0:32	29	0:49	0.50	11:57	23:53	5	1:45	24	3:54
Schwimmen Total	0.50	11:57	23:53	5	1:45	24	3:54	0.50	11:57	23:53	5	1:45	24	3:54
Rad netto	28.00	57:58	2:04	4	3:10	32	12:57	28.50	1:09:55	2:27	4	3:39	31	16:17
Wechsel R -> L	-	0:52	-	3	0:11	21	0:22	28.50	1:10:47	2:29	4	3:32	31	16:38
Radfahren Total	28.00	58:50	2:06	4	3:06	31	13:18	28.50	1:10:47	2:29	4	3:32	31	16:38
Lauf	5.00	26:38	5:19	5	2:56	37	8:46	33.50	1:37:25	2:54	4	5:29	34	25:24