



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Bode, Martin

Total time: 1:39:35

Club: Luise Naturseife

Number: 604

Course: 33.50 km

Rank in course/Total: 41 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 37 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 8(of 8)

AK 3 TM Jg. 30

Best time in the category: 1:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:32	21:03	6	3:21	27	3:21	0.50	10:32	21:03	6	3:21	27	3:21
Wechsel S -> R	-	2:08	-	8	1:24	46	1:24	0.50	12:40	25:19	8	4:37	33	4:37
Schwimmen Total	0.50	12:40	25:19	8	4:37	33	4:37	0.50	12:40	25:19	8	4:37	33	4:37
Rad netto	28.00	59:21	2:07	8	12:19	37	14:20	28.50	1:12:01	2:31	8	16:39	37	18:23
Wechsel R -> L	-	1:05	-	8	0:31	33	0:35	28.50	1:13:06	2:33	8	17:03	36	18:57
Radfahren Total	28.00	1:00:26	2:09	8	12:43	37	14:54	28.50	1:13:06	2:33	8	17:03	36	18:57
Lauf	5.00	26:29	5:17	7	6:52	35	8:37	33.50	1:39:35	2:58	8	22:15	37	27:34