



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon
Bodenfelde / 10.09.2016

Detailed evaluation

ADL TriTeam

Total time: 1:22:12

Club: ADL TriTeam

Number: 682

Course: 33.50 km

Rank in course/Total: 1 (of 8)

Carboo4u Triathlon Challenge Staffel

Rank in course/Total: 1 (of 4)

Best time in course: 1:22:12

Category:

Rank in category: 1(of 1)

Firmenstaffel

Best time in the category: 1:22:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	11:47	23:33	1	-	4	3:14	0.50	11:47	23:33	1	-	5	3:14	
Wechsel S -> R	-	0:40	-	1	-	4	0:08	0.50	12:27	24:53	1	-	5	3:18	
Schwimmen Total	0.50	12:27	24:53	1	-	5	3:18	0.50	12:27	24:53	1	-	5	3:18	
Rad netto	28.00	49:38	1:46	1	-	1	-	28.50	1:02:05	2:10	1	-	1	-	
Wechsel R -> L	-	0:31	-	1	-	3	0:05	28.50	1:02:36	2:11	1	-	1	-	
Radfahren Total	28.00	50:09	1:47	1	-	1	-	28.50	1:02:36	2:11	1	-	1	-	
Lauf	5.00	19:36	3:55	1	-	1	-	33.50	1:22:12	2:27	1	-	1	-	