



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Andräs, Olaf

Total time: 1:42:09

Club: SV Teutonia Groß Lafferde e.V.
Number: 600

Course: 33.50 km
Carboo4u Triathlon Challenge

Rank in course/Total: 46 (of 67)

Rank in course/Men: 42 (of 54)

Best time in course: 1:12:01

Category:
Senioren 3 TM Jg.50

Rank in category: 7(of 12)

Best time in the category: 1:31:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:54	19:48	3	0:43	18	2:43	0.50	9:54	19:48	3	0:43	18	2:43
Wechsel S -> R	-	1:20	-	4	0:19	22	0:36	0.50	11:14	22:27	3	1:02	19	3:11
Schwimmen Total	0.50	11:14	22:27	3	1:02	19	3:11	0.50	11:14	22:27	3	1:02	19	3:11
Rad netto	28.00	1:01:04	2:10	8	6:16	44	16:03	28.50	1:12:18	2:32	5	6:02	38	18:40
Wechsel R -> L	-	1:03	-	6	0:22	29	0:33	28.50	1:13:21	2:34	5	6:06	37	19:12
Radfahren Total	28.00	1:02:07	2:13	8	6:23	43	16:35	28.50	1:13:21	2:34	5	6:06	37	19:12
Lauf	5.00	28:48	5:45	8	5:06	46	10:56	33.50	1:42:09	3:02	7	10:13	42	30:08