



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon Bodenfelde / 10.09.2016

## Detailed evaluation

Hölzchen, Jasper

Total time: 1:30:23

Club: DLRG Uslar

Number: 678

Course: 33.50 km

Rank in course/Total: 1 (of 3)

Carboo4u Triathlon Jugend A

Rank in course/Men: 1 (of 3)

Best time in course: 1:30:23

Category:

Rank in category: 1(of 3)

Jugend A TM 16/17

Best time in the category: 1:30:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:14	16:27	1	-	1	-	0.50	8:14	16:27	1	-	1	-
Wechsel S -> R	-	1:16	-	1	-	1	-	0.50	9:30	19:00	1	-	1	-
Schwimmen Total	0.50	9:30	19:00	1	-	1	-	0.50	9:30	19:00	1	-	1	-
Rad netto	28.00	56:40	2:01	2	1:48	2	1:48	28.50	1:06:10	2:19	1	-	1	-
Wechsel R -> L	-	0:40	-	1	-	1	-	28.50	1:06:50	2:20	1	-	1	-
Radfahren Total	28.00	57:20	2:02	2	1:25	2	1:25	28.50	1:06:50	2:20	1	-	1	-
Lauf	5.00	23:33	4:42	1	-	1	-	33.50	1:30:23	2:41	1	-	1	-