



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

## Detailed evaluation

Eine, Thomas

Total time: 1:52:00

Club: SV Teutonia Groß Lafferde e.V.  
Number: 608

Course: 33.50 km  
Carboo4u Triathlon Challenge

Rank in course/Total: 59 (of 67)

Rank in course/Men: 51 (of 54)

Best time in course: 1:12:01

Category:  
Senioren 3 TM Jg.50

Rank in category: 11(of 12)

Best time in the category: 1:31:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:39	21:18	6	1:28	29	3:28	0.50	10:39	21:18	6	1:28	30	3:28
Wechsel S -> R	-	1:38	-	6	0:37	31	0:54	0.50	12:17	24:33	6	2:05	30	4:14
Schwimmen Total	0.50	12:17	24:33	6	2:05	30	4:14	0.50	12:17	24:33	6	2:05	30	4:14
Rad netto	28.00	1:06:41	2:22	11	11:53	51	21:40	28.50	1:18:58	2:46	10	12:42	50	25:20
Wechsel R -> L	-	1:06	-	7	0:25	34	0:36	28.50	1:20:04	2:48	10	12:49	50	25:55
Radfahren Total	28.00	1:07:47	2:25	11	12:03	51	22:15	28.50	1:20:04	2:48	10	12:49	50	25:55
Lauf	5.00	31:56	6:23	11	8:14	51	14:04	33.50	1:52:00	3:20	11	20:04	51	39:59