



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Supe, Jürgen

Total time: 1:35:43

Club: DLRG Beckum

Number: 670

Course: 33.50 km

Rank in course/Total: 30 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 28 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 3(of 12)

Senioren 3 TM Jg.50

Best time in the category: 1:31:56

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 11:02 | 22:03 | 7 | 1:51 | 32 | 3:51 | 0.50 | 11:02 | 22:03 | 13 | 1:51 | 32 | 3:51 |
| Wechsel S -> R | - | 1:53 | - | 8 | 0:52 | 39 | 1:09 | 0.50 | 12:55 | 25:49 | 13 | 2:43 | 55 | 4:52 |
| Schwimmen Total | 0.50 | 12:55 | 25:49 | 13 | 2:43 | 55 | 4:52 | 0.50 | 12:55 | 25:49 | 13 | 2:43 | 55 | 4:52 |
| Rad netto | 28.00 | 54:48 | 1:57 | 1 | - | 21 | 9:47 | 28.50 | 1:07:43 | 2:22 | 13 | 1:27 | 55 | 14:05 |
| Wechsel R -> L | - | 0:56 | - | 4 | 0:15 | 24 | 0:26 | 28.50 | 1:08:39 | 2:24 | 13 | 1:24 | 55 | 14:30 |
| Radfahren Total | 28.00 | 55:44 | 1:59 | 1 | - | 23 | 10:12 | 28.50 | 1:08:39 | 2:24 | 13 | 1:24 | 55 | 14:30 |
| Lauf | 5.00 | 27:04 | 5:24 | 6 | 3:22 | 39 | 9:12 | 33.50 | 1:35:43 | 2:51 | 3 | 3:47 | 28 | 23:42 |