



# Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

## Detailed evaluation

**Neugebauer, Ingo**

**Total time: 1:37:46**

Club: SV Teutonia Groß Lafferde  
Number: 642

Course: 33.50 km  
Carboo4u Triathlon Challenge

Rank in course/Total: 38 (of 67)

Rank in course/Men: 36 (of 54)

Best time in course: 1:12:01

Category:  
Senioren 3 TM Jg.50

Rank in category: 5(of 12)

Best time in the category: 1:31:56

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:34	21:07	5	1:23	28	3:23	0.50	10:34	21:07	13	1:23	55	3:23
Wechsel S -> R	-	1:17	-	3	0:16	21	0:33	0.50	11:51	23:41	13	1:39	55	3:48
Schwimmen Total	0.50	11:51	23:41	13	1:39	55	3:48	0.50	11:51	23:41	13	1:39	55	3:48
Rad netto	28.00	1:01:24	2:11	9	6:36	46	16:23	28.50	1:13:15	2:34	13	6:59	55	19:37
Wechsel R -> L	-	0:49	-	2	0:08	20	0:19	28.50	1:14:04	2:35	13	6:49	55	19:55
Radfahren Total	28.00	1:02:13	2:13	9	6:29	45	16:41	28.50	1:14:04	2:35	13	6:49	55	19:55
Lauf	5.00	23:42	4:44	1	-	22	5:50	33.50	1:37:46	2:55	5	5:50	36	25:45