



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon  
Bodenfelde / 10.09.2016

Detailed evaluation

Schröder, Michael

Total time: 1:39:55

Club: Triathlon SC Bad Münden

Number: 661

Course: 33.50 km

Rank in course/Total: 42 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 38 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 3(of 6)

Senioren 4 TM Jg.55

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:00	24:00	5	1:45	46	4:49	0.50	12:00	24:00	7	1:45	55	4:49
Wechsel S -> R	-	2:07	-	5	0:39	45	1:23	0.50	14:07	28:14	7	2:22	55	6:04
Schwimmen Total	0.50	14:07	28:14	7	2:22	55	6:04	0.50	14:07	28:14	7	2:22	55	6:04
Rad netto	28.00	1:00:09	2:08	3	5:13	40	15:08	28.50	1:14:16	2:36	4	5:38	55	20:38
Wechsel R -> L	-	2:03	-	6	1:33	53	1:33	28.50	1:16:19	2:40	5	7:11	55	22:10
Radfahren Total	28.00	1:02:12	2:13	4	6:46	44	16:40	28.50	1:16:19	2:40	5	7:11	55	22:10
Lauf	5.00	23:36	4:43	2	1:41	18	5:44	33.50	1:39:55	2:58	3	8:52	38	27:54