



Carboo4U Weser Hammer Triathlon Bodenfelde 2016 plus Staffelttriathlon

Bodenfelde / 10.09.2016

Detailed evaluation

Pape-Ullmer, Matthias

Total time: 1:43:31

Club: Beste Freunde

Number: 646

Course: 33.50 km

Rank in course/Total: 47 (of 67)

Carboo4u Triathlon Challenge

Rank in course/Men: 43 (of 54)

Best time in course: 1:12:01

Category:

Rank in category: 8(of 12)

Senioren 3 TM Jg.50

Best time in the category: 1:31:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:27	22:53	8	2:16	40	4:16	0.50	11:27	22:53	13	2:16	55	4:16
Wechsel S -> R	-	1:54	-	9	0:53	40	1:10	0.50	13:21	26:41	13	3:09	55	5:18
Schwimmen Total	0.50	13:21	26:41	13	3:09	55	5:18	0.50	13:21	26:41	13	3:09	55	5:18
Rad netto	28.00	1:00:24	2:09	6	5:36	42	15:23	28.50	1:13:45	2:35	13	7:29	55	20:07
Wechsel R -> L	-	1:11	-	10	0:30	42	0:41	28.50	1:14:56	2:37	13	7:41	55	20:47
Radfahren Total	28.00	1:01:35	2:11	7	5:51	41	16:03	28.50	1:14:56	2:37	13	7:41	55	20:47
Lauf	5.00	28:35	5:43	7	4:53	45	10:43	33.50	1:43:31	3:05	8	11:35	43	31:30